



Mid-Year Report

July 2023

Sheffield Place is pleased to provide this mid-year report on the agency's progress toward its mission of healing and self-sufficiency in 2022 and in the first half of 2023, a time of growth, learning, and opportunity. The agency continues to focus on expanding the number of families served to meet a larger portion of the increasing need in the community.

- In 2022, Sheffield Place served 143 families (111 in residential and 32 in aftercare/outpatient), 184 children, and 327 individuals.
- In the first half of 2023, the agency served 89 families (68 in residential, 21 in aftercare/outpatient services) 84 children, and 173 individuals. The agency anticipates serving 150 or more families in 2023.
- Those numbers compare with 20 families served as recently as 2010.

Yet even with the continued strategic growth, the need remains overwhelming. In 2022, nearly 900 homeless mothers called the agency seeking services – up from 505 families in 2012. The agency serves only about 16% of the demonstrated need. The board's new strategic plan calls for continued growth in the number of families served and in the depth and effectiveness of services provided.



Lessons Learned: As a learning organization, Sheffield Place has a deep commitment to using evidence-based and best-practice interventions. The effectiveness of the clinical

program undergoes rigorous evaluation using validated measurement tools. Lessons learned are then incorporated into the program design. The continuous quality improvement process ensures that the agency increases its capacity to respond effectively to homeless mothers and their children who are deeply affected by trauma. Sheffield Place incorporated recent lessons learned into the program in the following ways:



First, the agency identified the need to encourage stays in the residential program of 30 days or more. Families that remain in services 30 days or more experience far better outcomes than families that stay for shorter periods. In 2022, 42% of the families stayed less than 30 days; their average length of stay was 11 days. Fifty-eight percent of families stayed 30+ days; their average length of stay was 135 days. The goal is to increase the number of families that stay 30+ days.

Toward that end, the agency revised the case management program in 2021 by implementing a tiered structure. Residents enter at level 1 and progress to level 3. Residents requiring additional assistance start at level 0 and receive individualized hands-on assistance. Progress is rewarded with added privileges. Refining the system to enhance client success was an important focus.

Second, the agency took steps to instill greater connection among the clients to build community. Residents of the satellite facility received access to the main building so that they can interact with residents of the main facility, and the lobby was reconfigured as a living room for the clients.

Third, and consistent with harm reduction and maintaining the connection with aftercare/outpatient clients, the agency recently suspended random drug testing for these clients. Random testing remains in place for clients in the

residential and permanent housing programs. Testing in the aftercare/outpatient program reduced participation and deprived some women of the benefits of remaining engaged with Sheffield Place. The agency now measures the success of the clients in aftercare/outpatient services as the ability to maintain stable housing and employment.

The Sheffield Place Approach: Sheffield Place serves families with multiple barriers to self-sufficiency – severe trauma and generational poverty backgrounds, addiction, mental health, domestic violence issues, low educational attainment challenges, time spent in foster care, and often felony convictions. Unlike many other agencies, Sheffield Place admits mothers who are actively using with the requirement that they enter recovery immediately upon admission. The agency also admits families with as many as 8 children as well as children through the age of 18 years, which many agencies do not. The families experience a program that is carefully tailored to their own needs, including the length of stay, which varies greatly according to the family’s needs. The average length of stay is 90 days with some families staying as long as a year or more.

Program Outcomes: Key outcomes for the first six months of the 2023 include:

- 75% of mothers improved or maintained their mental health at a functional level
- 73% of mothers improved parenting
- 42% of children improved their mental health

OUTCOMES - 2022			
Residential Housing Services	58% exited to permanent housing; 76% for mothers who stayed more than 30 days	58% of families stayed 30 days or longer	Of all mothers, 23% improved income. Of the mothers who stayed longer than 30 days, 43% improved income
Residential Clinical Services— Children	36% of children (6 through 18 years) increased or maintained functional mental health	50% of mothers entered the program while their children were in state custody; half of these families were reunited at Sheffield Place	65% of mothers improved parenting
Residential Clinical Services— Adults	56% of all mothers improved or maintained functional mental health; 70% of those who stayed 30 days or longer improved or maintained functional mental health	47% of all mothers were clean and sober at discharge; 87% of mothers who stayed 30 days or more were clean and sober at discharge	83% of all mothers improved their score on the Protective Factors Survey (assesses multiple protective factors to prevent child abuse and neglect), 15% had no change, and 2% decreased their score
Aftercare Services	94% of families maintained permanent housing	81% of mothers remained abstinent from alcohol and other drugs	90% of families increased or maintained income
Permanent Housing	100% of families maintained permanent housing	100% of mothers maintained sobriety	100% of families increased or maintained income

Additional Highlights: Sheffield Place has attracted national notice through the receipt of the Charity Navigator top 4-Star rating for seven consecutive years (2017 through 2023). The 4-Star rating measures the agency’s transparency, accountability, and effectiveness. Only 8% of rated agencies can claim that distinction. Sheffield Place has been selected by the Kappa Kappa Gamma Kansas City Alumnae Chapter to be a beneficiary of the 2023 Holiday Homes Tour. The homes tour provides both financial support and recognition in the broader community.

Plans for the Future: Within the next six months or so, the agency will launch a capital campaign to purchase property and construct 4 units of supportive housing and additional program space, including a classroom for aftercare/outpatient clients along with case management office space. The new facility will strengthen the agency’s capacity to serve clients who have transitioned from the facility to housing in the community.