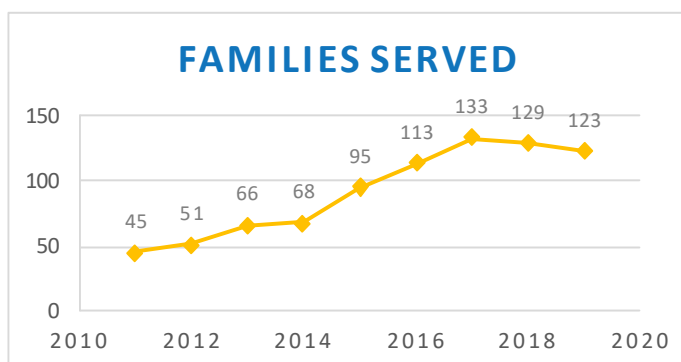
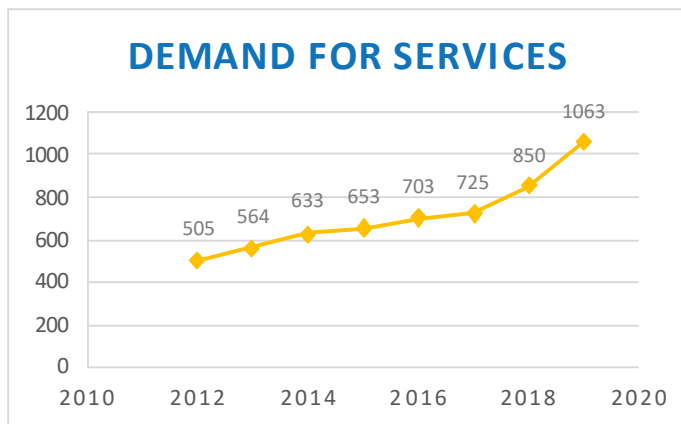


CLIENT CHARACTERISTICS

- 100% lived well below the poverty line
- 98% had a mental health diagnosis
- 89% struggled with addiction
- 94% had a background of domestic violence
- 57% had not completed high school
- 39% experienced disruption in childhood (foster care, runaways)
- 34% had at least one felony conviction

In all, 42% were African American, 58% were Caucasian, and 6% of those also identify as Hispanic.

- The average age of the mothers is 31.
- The average age of the children is 5.4.



IN 2019 SHEFFIELD PLACE FACED MORE DEMAND THAN EVER

In 2019, Sheffield Place continued its strategic imperative to serve more families with more services in four programs:

1. Residential housing at the facility
2. Residential clinical services
3. Aftercare (ongoing case management and supportive services for families that have transitioned from the facility to permanent housing in the community)
4. Permanent supportive housing—Sheffield Place owns 10 units of housing towards goal of 15 units over the next few years

In 2019, Sheffield Place served a total of 123 families (307 individuals) more than six fold increase from the 20 families served in 2010.

PERMANENT HOUSING

Sheffield Place completed renovations on one house and owned 10 houses at year's end with 90% occupancy. Multiple barriers to success make the path from homelessness to self-sufficiency extremely difficult, but achievable.



NUMBERS SERVED (UNDUPLICATED) IN 2019

	Mothers	Children	Total Clients
Residential Services	89	118	207
Aftercare Services	34	66	100
Total	123	184	307

OUTCOMES

Residential Housing Services	66% exited to permanent housing; 74% for mothers who stayed more than 30 days.	The average length of stay 2.7 months for all families; 3.4 months for families that stayed longer than 30 days.	Of all mothers, 1% were employed at intake and 35% secured employment during their stay. Of the mothers who stayed longer than 30 days, 8% were employed at intake and 38% were employed at discharge.
Residential Clinical Services— Children	58% improved mental health functioning	54% of families experienced improved function	58% of mothers improved parenting
Residential Clinical Services — Adults	76% of mothers improved mental health functioning, 80% for mothers who stayed more than 30 days.	78% of all mothers with addiction issues were clean from alcohol and other drugs at discharge; 91% for mothers who stayed more than 30 days	100% engaged in work development activities: job search group, job search coaching, and substance abuse treatment among others.
Aftercare Services	93.5% of families maintained permanent housing	84% of mothers remained abstinent from alcohol and other drugs	93.5% of families increased or maintained income

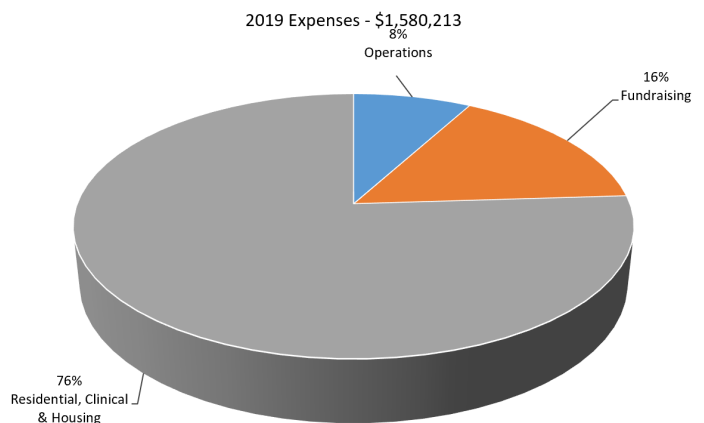
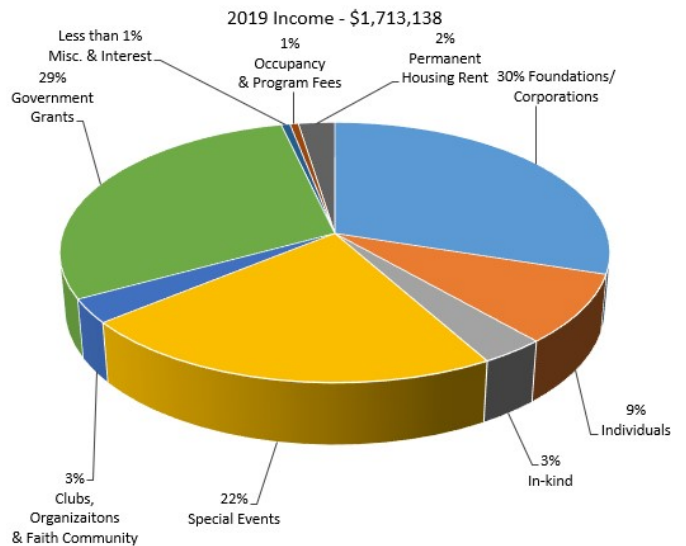
JILL'S STORY

One of the mothers, let's call her Jill, reflected recently that Sheffield Place is the best thing that ever happened to her. She had never had structure in her life. As much as she resisted the structure of Sheffield Place at first, she now likes it. Jill is twenty years old with a six month old baby, Alexa. Jill has succeeded in entering recovery from meth addiction. She found a job, secured daycare, navigated the bus system, and engaged with the program.

Jill offered that she is “a totally different person” than she was when she was admitted to Sheffield Place eight months ago. “I have no idea where I'd be without Sheffield Place.” Soon, Jill and Alexa will transition to permanent housing in the community and will have continuing services through the aftercare program.



2019 INCOME AND EXPENSES (UNAUDITED)



Sheffield Place Appreciates the Generous Support of the Community and these
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 *All gifts are deeply appreciated. Due to space limitations, donors of \$5,000 or more are listed. If your name is not listed out of error, please contact for correction.

RAMONA'S STORY

Ramona and her daughter, Ailey, age three years, arrived at Sheffield Place three months ago.

Ramona started smoking meth with her mother at age nine. She's now twenty-two. Her mother and father have both done time in prison on drug charges.

Ramona came to Sheffield Place with an active addiction. She began treatment when she arrived. She was severely underweight and in a constant state of agitation. Ailey had yet to begin to talk and cried often.



One day, Ramona mistakenly thought that her child would be taken from her by the Children's Division. Drawing on her trauma and the fight or flight response, she was prepared to leave Sheffield Place and runaway with her child to avoid authorities. Her case manager was able to address the situation and convince Ramona to remain at Sheffield Place.

Today, Ramona has six months of sobriety – her first time being clean from meth in more than half of her life. She has a job and rents a house that Sheffield Place owns. Ailey is talking and is a happy child.

"Thanks to Sheffield Place, my daughter and I now have a future that I never thought was possible," Ramona says.

SHEFFIELD PLACE VOLUNTEERS IN 2019

525 volunteers provided 5193 hours of service or the equivalent of almost 2.5 FTE. The value of volunteer time is \$124,424 using Independent Sector's valuation of volunteer time in Missouri (\$23.96 per hour).



SHEFFIELD PLACE LAUNCHED 'A PLACE TO GROW' CAMPAIGN TO EXPAND CAPACITY

To meet a larger portion of the rapidly growing need for services, the agency launched a capital campaign to purchase and renovate an existing building into seven apartment units, purchase and renovate four houses in the neighborhood, modernize the kitchens, baths, and lighting at the main facility, upgrade IT infrastructure, and provide for programming, among other goals.

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SHEFFIELD PLACE

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The mission of Sheffield Place is "To empower homeless mothers and their children to heal from their trauma and become self-sufficient."

Sheffield Place is certified by the Missouri Department of Mental Health – Division of Behavioral Health.