

SERVICES CONTINUED DURING COVID-19

Dear Friends,

The year 2020 was full of challenge, sadness, & despair but also, of hope and faith. Sheffield Place decided early in the pandemic that the families we serve were at higher risk of death from overdosing, violence, mental health crisis than COVID and that we had to remain open providing critical services. We implemented strict COVID protocols following CDC, and health department recommendations. We had 1 client test positive.

During the shutdown staff felt very isolated as did the clients. Really what kept us sane was you, our friends & community. Even during the darkest days, you showed up with masks, cleaning supplies, food, diapers, care packages for clients and staff, check in calls, cards, and meals. What I have always known was confirmed yet again – we have the very best support and Sheffield Place is truly a community endeavor. Thank you.



Kelly Welch, CEO/President

SHEFFIELD PLACE PROTECTED CLIENTS

- Used HIPAA-compliant Zoom in addition to in-person meetings to provide case management, therapy, and other supportive services.
- Emphasized addiction recovery because of the reduction in recovery services in the community.
- Worked closely with the mothers to ensure they made the best possible use of Earned Income Tax Credit, stimulus, and enhanced unemployment to pay warrants, evictions, and past due bills or save for rent for permanent housing.
- Upgraded Wifi so children could complete homework and mothers could conduct employment searches.
- Created a supportive classroom so children could participate in online lessons and keep up with homework.

AGENCY EXPANDS TO MEET VAST NEED

To meet a larger portion of the overwhelming need for services for highly traumatized homeless mothers and their children, Sheffield Place launched the 'A Place to Grow' campaign in May 2019. The community responded and the campaign reached its \$1.8 million goal in February – just before the pandemic hit.



The centerpiece of the campaign was the purchase and renovation of a former convent on the next block. The convent is being renovated into 7 living units. With the 17 units in the main facility, the agency will be able to provide healing and self-sufficiency services to 24 mothers and their children at a time.

The expansion will empower Sheffield Place to serve approximately 172 families by 2022 – nearly a nine-fold increase from the 20 families the agency served as recently as 2010. Completion is anticipated by the end of February 2021. Other projects funded through the campaign include:

- Tuck pointing the main facility and updating IT infrastructure. These projects are complete.
- Renovating the kitchens and bathroom in the main facility and installing energy efficient lighting.



NUMBERS SERVED (UNDUPLICATED) IN 2020			
	Mothers	Children	Total Clients
Residential Services	98	125	223
Aftercare Services	33	68	101
Total	131	193	324

OUTCOMES			
Residential Housing Services	46% exited to permanent housing; 61% for mothers who stayed more than 30 days.	The average length of stay 1.8 months for all families; 3.1 months for families that stayed longer than 30 days.	Of all mothers, 23% improved income. Of the mothers who stayed longer than 30 days, 47% improved income
Residential Clinical Services— Children	57% of children (6 through 18 years) increased or maintained mental health functioning	60% of children (0 through 18) experienced a decreased level of need indicating that their needs were being met	67% of mothers improved parenting
Residential Clinical Services — Adults	58% of mothers improved mental health functioning	66% of all mothers with addiction issues were clean from alcohol and other drugs at discharge; 89% for mothers who stayed more than 30 days	100% engaged in work development activities: job search group, job search coaching, and substance abuse treatment among others.
Aftercare Services	97% of families maintained permanent housing	97% of mothers remained abstinent from alcohol and other drugs	86% of families increased or maintained income

CLIENT DEMOGRAPHICS

In the residential program:

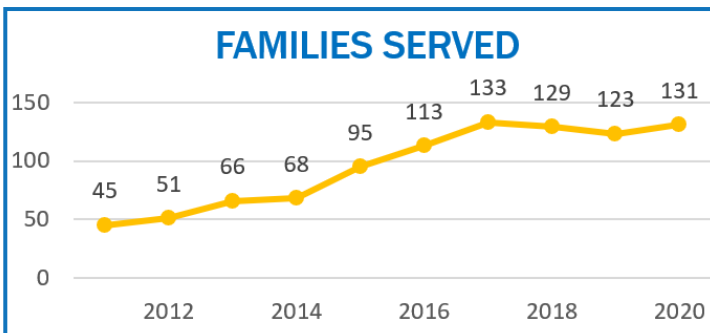
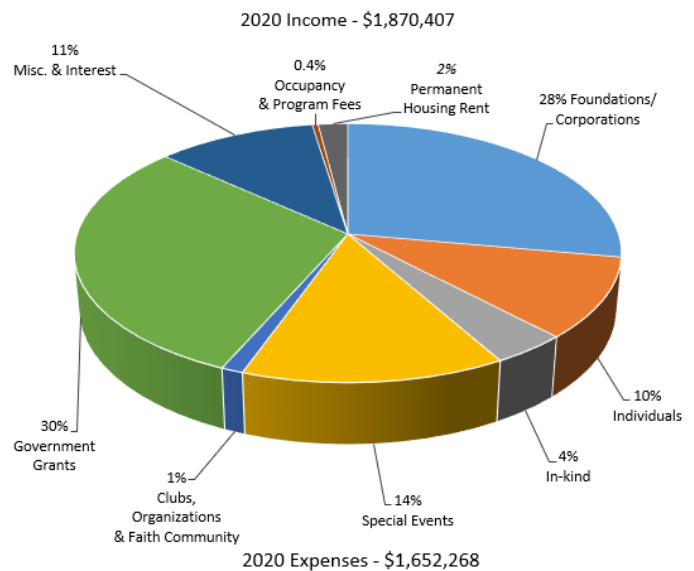
- 100% lived well below the poverty line
- 84% had a mental health diagnosis
- 91% struggled with addiction
- 80% had a background of domestic violence
- 54% had not completed high school
- 25% experienced disruption in childhood (foster care, runaways)
- 25% had at least one felony conviction
- Average age of the mothers - 32 years
- Average age of the children - 5.9 years
- 56% of families stayed 31 days or more

In the community-based aftercare program:

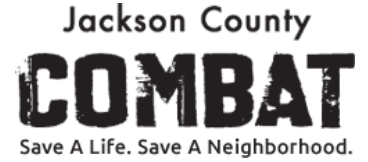
- The average age of mothers is 33 years.
- The average age of the children is 7.7 years.

Forty-three percent of all clients were White, 40% were Black, 9% were mixed race, 5% identified as Latina/Hispanic, and 3% did not indicate race.

2020 INCOME AND EXPENSES (UNAUDITED)



SHEFFIELD PLACE APPRECIATES THE GENEROUS SUPPORT OF THE COMMUNITY



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*All gifts are deeply appreciated. Due to space limitations, donors of \$5,000 or more are listed. If your name is not listed out of error, please contact Sheffield Place for correction.

TINA'S STORY

Tina and her infant son, Jimmy, are representative of the families that call Sheffield Place home. Tina has known nothing but chaos her entire life – the chaos that comes with chronic addiction and homelessness.

Before coming to Sheffield Place, Tina was homeless and living doubled up in a filthy house with a fellow addict.

Immediately after giving birth, Tina called Sheffield Place for housing. She was admitted, but her baby was held in state custody because he had drugs in his system at birth. She is working to be reunited with Jimmy.

Tina found safety, security, and support for her addiction and mental health recovery at Sheffield Place. She knows that no one will kick in the door to rob her – a constant fear during her years of chaos.

Tina looks forward to having her baby back, to finding a job, and to having a permanent home for her family. With her case manager, she is taking the necessary steps to achieve those goals.

Life has changed for Tina with the help of Sheffield Place. Her goals for her life are within reach.

SHEFFIELD PLACE VOLUNTEERS IN 2020

443 volunteers provided 1370 hours of service or the equivalent of more than 0.5 FTE. The value of volunteer time is \$32,825 using Independent Sector's valuation of volunteer time in Missouri (\$23.96 per hour).



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SHEFFIELD PLACE

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The mission of Sheffield Place is "To empower homeless mothers and their children to heal from their trauma and become self-sufficient."

Sheffield Place is certified by the Missouri Department of Mental Health – Division of Behavioral Health.