

SHEFFIELD PLACE SERVED 139 FAMILIES IN 2023



SNAPSHOT OF FAMILIES IN 2023

Sheffield Place serves families with multiple barriers to self-sufficiency.

- **100%** of families were below poverty
- **93%** had substance abuse
- **92%** had a mental health diagnosis
- **57%** experienced domestic abuse
- **56%** had legal issues
- **38%** had less than a HS/GED education
- **28%** had at least one felony
- **24%** had a background in foster care

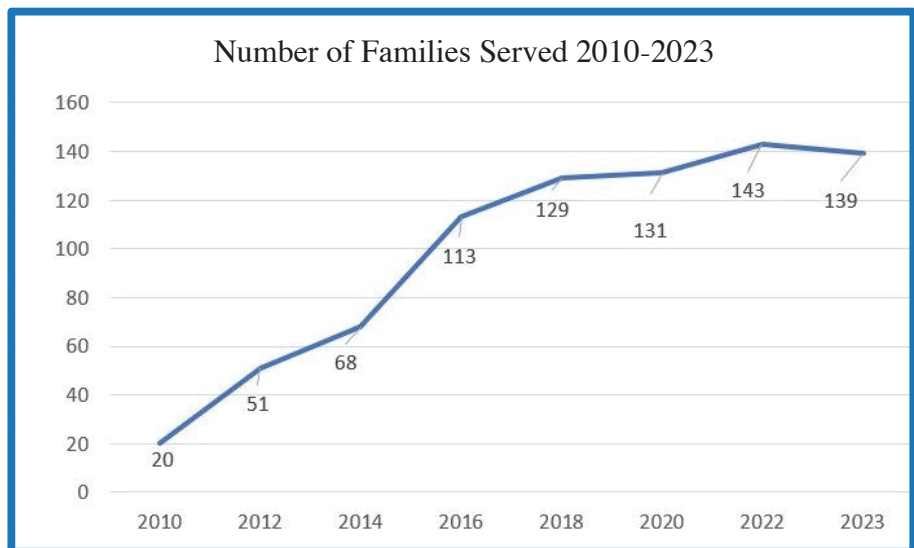
50% White · 30% Black
9% Mixed/Other · 11% Hispanic/Latina
(% of mothers)

Sheffield Place continues its strategic focus to serve more families (139 in 2023/296 individuals) over time. The 2023 service level was more than a 700% increase from the 20 families served in 2010.

The growth has been dramatic and a strategic response to the overwhelming crisis of mother-led family homelessness in the community. Each year, the agency receives nearly 925 phone calls from families in search of services. That number has grown - from the 505 families that called in 2012.

Yet, the growth also extends to the increased number, intensity, and effectiveness of services over that time. The agency provides case management, therapy, addiction recovery, and 23 hours of groups each week. Group topics include positive parenting and healthy relationships, recovery, 12-Step, personal finance, job search/retention, and healthy lifestyles.

The agency looks forward to continued growth over the next few years. The need in the community is too great to do otherwise.



THE SHEFFIELD PLACE MISSION

“To empower homeless mothers and their children to heal from their trauma and become self-sufficient.”

OUTCOMES 2023

Residential Housing Services	61% of mothers who stayed 30 days or longer exited to permanent housing; 51% for all discharges	The average length of stay was 4.5 months for families that stayed 30 days or longer; 2.9 months for all discharges	44% of mothers who stayed 30 days or longer improved income; 28% for all discharges
Residential Clinical Services - Children	30.4% of children (6 through 18 years) increased or maintained mental health functioning	The average age of the children in the residential program was 5.5 years; the average age of the mothers was 32 years	74% of mothers improved parenting
Residential Clinical Services - Adults	68% of mothers improved mental health functioning	83% of mothers who stayed 30 days or more were clean and sober at discharge; 65% for all discharges	100% engaged in work development activities: job search group, job search coaching, and substance abuse treatment among others
Aftercare Services	87% of families maintained permanent housing		72% of families increased or maintained income

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*All gifts are deeply appreciated. Due to space limitations, donors of \$5,000 or more are listed. If your name is not listed out of error, please contact Sheffield Place for correction.

A Client Story - Sandy & Her Family

I came to Sheffield Place on January 19, 2023. I thought it was just another rehab facility. What I found at Sheffield Place was structure, accountability, and staff who treat us with dignity and respect. Coming here, I had criminal charges hanging over me – including assault and resisting arrest – from when I was in my addiction.

I was looking at jail time and was terrified of maybe spending a year in prison. Seven months after starting the program, I went to court. I brought my recommendation letter from Sheffield Place and they looked at all the progress I'd made. The judge told me that Sheffield Place is demanding and she is proud of my success. She then closed my cases. I am able to move on with my life!



Sheffield Place Volunteers

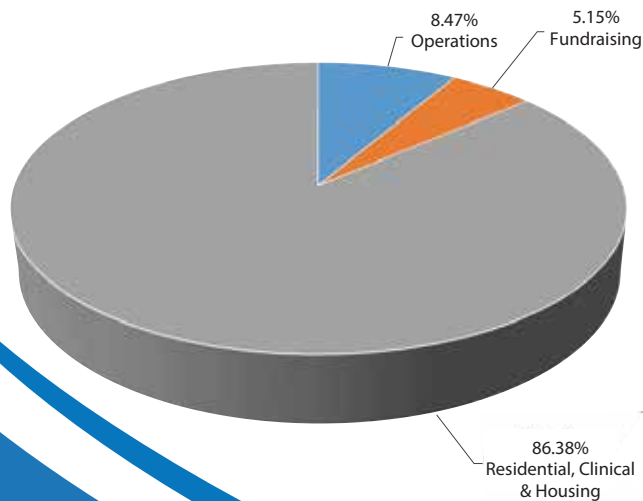
Sheffield Place families benefited from the work of 262 volunteers in 2023. These volunteers contributed 2197 hours of service. The value of the volunteer time is \$62,966.02 based on the Independent Sector's 2023 valuation of volunteer in Missouri (\$28.66 per hour).

STRATEGIC GOALS:

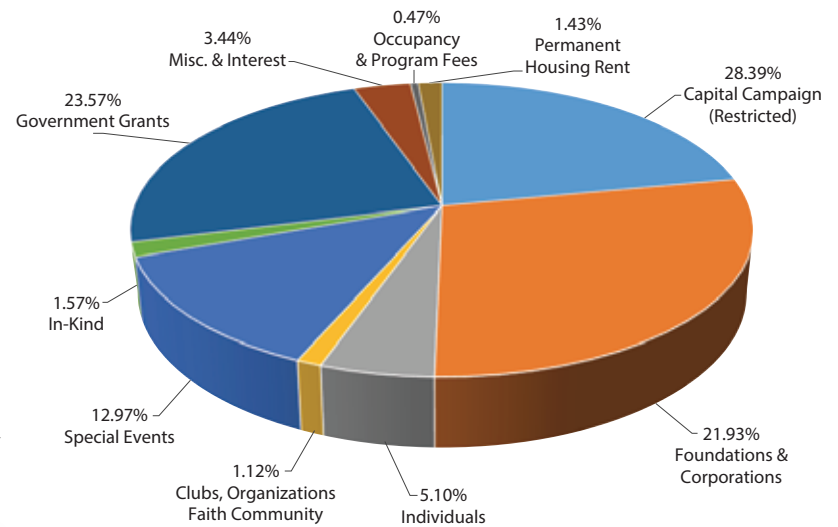
Increase the number of clients served, the depth and effectiveness of services, the diversity of funding, and community awareness.

Income & Expense 2023 (Audited)

2023 Expenses - \$2,055,591



2023 Income - \$3,088,492



*Footnote: 2023 audited Income includes \$876,836 committed to the current capital campaign that is restricted for use to acquire property and construct a new building for housing and service delivery. Property was acquired in early 2024, the building is in the pre-construction phase.

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